



A typical Celebrate Recovery meeting includes:

- A large group meeting
- An open share small group
- Newcomers (for your first week only)

Participants are encouraged to invite their families and friends to the pre-meeting dinner if they so choose; the dinner is designed for a time of great fellowship and great food at affordable prices with other Celebrate Recovery participants.

The large group meeting is designed for the participant to set aside the busyness and stress of the outside world by entering into a time of prayer, praise and worship, and teaching as a way of getting in touch with the one and only Higher Power, Jesus Christ.

The open share small group meets immediately after the large group meeting and provides a place for the participant to connect with other Celebrate Recovery attendees. This is a safe place where participants can be in gender-specific groups and issue-specific groups.

Newcomers is for first-time attendees and will help you better understand what Celebrate Recovery is all about as well as provide you the opportunity to ask questions or process your feelings in a safe environment before you make a commitment to a small group.

After you've attended Celebrate Recovery for a while, you will join a step study. The step study small group is for those who are ready to delve deeper into their past and the choices they have made. This is where participants will see real, lasting changes start to happen. Step studies take place another night of the week.

Many Celebrate Recovery ministries also offer programs for children and teens. CR Kids is the uplifting, hope-filled, children's companion to Celebrate Recovery. The Landing is Celebrate Recovery written for teens that help them deal with their hurts, hang-ups and habits.